

ZEN Care Chair: more peace of mind for patients and caregivers

People with mental or neurological disorders, for example dementia, often feel restless. This can lead to agitated behaviour. This is especially not pleasant for the person themselves: it has a negative influence on their well-being. In addition, someone with restless behaviour requires extra effort and attention from caregivers and/or professional care staff. The Fitform ZEN Care Chair is a solution to regulate these behavioural problems and therefore creates a huge impact on the daily lives of all involved.



Various studies have shown that a calming sensory stimulating rocking movement can contribute positively to a reduction of restless behaviour, due to the positive effect on both the vestibular and proprioception sensory system.

The Fitform ZEN Care Chair with an electrically powered 'Slow Motion' rocking movement, has been carefully developed as a medical device to reduce restlessness, based on applied research and pilot projects in nursing home institutions.

Caregivers who now work with the innovative ZEN Care Chair experience the positive effects on a daily basis. This is what they say:

 **ZEN Care Chair**

"More than half of people fall asleep while rocking, consequently getting a good rest."

"Troubled residents are more likely to relax in the ZEN Care Chair than with a supervisor who tries to calm them down."

"If a restless resident is rocking or sleeping in the chair, the caregiver can spend time with fellow residents."

"When someone has calmed down because of the chair, the atmosphere in the group immediately improves."

"The ZEN Care Chair also helps with nighttime restlessness and wandering."

"When a resident feels comfortable, you have achieved what you wanted as a caregiver. As a result, you go home satisfied."

Benefits of the ZEN Care Chair

The chair **takes care of the person in it**, by turning restlessness and anxiousness into calmness, rest and relaxation.

The chair **takes care of the care givers**, by taking the interventions that they otherwise have to do when clients are restless and anxious, out of their hands, so they can focus on other care duties.

The chair **takes care of all the people around the user**, by taking away the stress that they experience when having a restless and anxious person in their midst.

Additionally the rocking movement of the ZEN Care Chair provides better pressure distribution (blood flow & oxygen) and reduces oedema in the legs.

Features and capabilities

1. **The 'Slow Motion' rocking movement;** adjustable at two speeds.
2. **Pre-programmed user profiles;** the chair movements safely match what the user needs.
3. **Simple and easy to use hand control;** only three buttons.
4. **Secure locking;** the chair can be locked and unlocked easily by a caregiver.
5. **Adjustable seat support;** the chair can be adjusted to the user's body dimensions.
6. **Safe stand-up function;** to help the user in and out of the chair easily.
7. **Easy to use wheel system;** to move the chair around with or without the user in it.
8. **Complies with the Medical Device Regulation; 2017/745 (MDR).**
9. **Upholstery that meets the high hygiene standards** of healthcare institutions.

ZEN Care Chair

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