



Stroke Rehabilitation & Recovery Conference

Friday 1st March 2019

<i>Time</i>	<i>Topic</i>	<i>Presenter</i>
08.30	Registration, Tea & Coffee, Viewing of Exhibition Stands	
09.00	Opening Address	Dr Liam Healy, Consultant Stroke Lead for Geriatric Medicine.
09.15	National Stroke Programme Update	Prof Rónán Collins, Consultant Physician in Geriatrics & Stroke Medicine.
09.45	Psychological Adjustment following Stroke	Ms Marcia Ward, Neuropsychologist. Ms Lucy Martin, Stroke Survivor.
10.30	Tea & Coffee, Viewing of Exhibition Stands	
11.00	Visual Field Deficits: Assessment & Rehabilitation	Prof Fiona Rowe, Orthoptist, University of Liverpool.
11.45	Early Supported Discharge Team	Ms Marie Condon, Physiotherapist. Ms Louise O'Regan, Occupational Therapist. Ms Lucy Pope, Speech & Language Therapist.
12.10	Stroke Rehabilitation & Recovery - Personal Journey	Mr Noel Power, Stroke Survivor.
12.30	Cerebrovascular Rehabilitation - Cardiac Rehab for Stroke Survivors	Mr Peter Morgan, Physiotherapist.
12.55	Role of the Stroke Clinical Nurse Specialist	Ms Karena Hayes, Stroke Clinical Nurse Specialist.
13.20	Lunch, Viewing of Exhibition Stands	
14.20	Cork Stroke Support Group Choir 'Stroke Notes'	Ms Patricia Kelleher, Musical Director.
14.40	Spasticity Management	Dr John MacFarlane, Consultant in Rehabilitation Medicine. Ms Liz O'Sullivan, Physiotherapist.
15.10	Upper Limb Rehabilitation – A Review of the Evidence	Ms Susan Forde, Occupational Therapist.
15.40	Personal Experience of Electrical Stimulation & Stroke Rehabilitation	Mr Anthony Holton, Stroke Survivor.
16.00	Closing Remarks	Ms Mary J. Foley, Advanced Nurse Practitioner.

Venue: Radisson Blu Hotel & Spa, Little Island, Cork

Price: €40

To register, follow link on www.corkstrokesupport.ie

For queries, contact cssgcork@gmail.com

This is the 3rd educational conference of St Finbarr's Hospital Stroke Rehabilitation Unit and the wider stroke service. It is supported by the HSE, UCC, Cork Stroke Support Group and Headway. The conference is aimed at medical, nursing, allied health professionals, students, stroke survivors and their carers.

Learning Outcomes

- Update on recent advances in stroke care and service delivery optimising patient function and recovery.
- Evaluation of diagnosis, treatment, prevention and rehabilitation of cerebrovascular disease by stroke survivors and health professionals.
- Application of research and evidence based models of care and outcome measures.
- Insight into the role of the Stroke Nurse Specialist & Multidisciplinary Team supporting timely hospital discharge.

Speakers

Dr Liam Healy is a UCC Medical Graduate. He trained in Geriatric Medicine both here in Munster and then in Scotland where he completed Fellowship training in Stroke Medicine at the Royal Infirmary of Edinburgh. He returned to Cork in 2015 and was subsequently appointed as the Stroke Lead for Geriatric Medicine in CUH.

Prof Rónán Collins is a UCC Medical Graduate. He was appointed Consultant in Geriatric and Stroke Medicine at Tallaght University Hospital Dublin in 2005 and was Director of Stroke Services from 2005-2017, setting up the new acute stroke unit, the first Irish telemedicine service for stroke and the first interdisciplinary Atrial Fibrillation clinic of which he remains a clinical director. He was appointed Clinical Associate Professor in Geriatric Medicine in 2017. He is the current Royal College of Physicians of Ireland National Clinical Lead on Stroke.

Dr Marcia Ward is a Senior Clinical Neuropsychologist and Board Certified Behaviour Analyst. Marcia works in Headway, a community neurorehabilitation service. She has a special interest in supporting individuals and families' adjustment to disability following acquired brain injury. She has published research in the area and continues to engage with her clients on research projects to inform neurorehabilitation practices and services following acquired brain injury.

Prof Fiona Rowe is Professor of Orthoptics and Health Services Research at the University of Liverpool and a recent NIHR Research Fellow. She is associate-editor-in-chief for the journal Strabismus, editor for Current Eye Research, Cochrane Eyes and Vision group editor and a mentor for the National Institute of Health Research clinical academic research pathway. Her particular research interests include visual impairment due to acquired brain injury (particularly stroke), visual field evaluation and control of ocular alignment. Prof. Rowe is the author of 2 textbooks: 'Clinical Orthoptics' and 'Visual fields via the visual pathway', co-author on 4 book chapters, and has presented and published her research extensively.

Ms Marie Condon (senior physiotherapist), **Ms Louise O'Regan** (senior occupational therapist) and **Ms Lucy Pope** (senior speech & language therapist) form the Cork Early Supported Discharge Team for Stroke. This team was established in 2018 and enables early discharge from hospital and provides people with intensive stroke rehabilitation within their own home.

Mr Peter Morgan qualified as a physiotherapist in 2007 from UCD. He has worked in the rehabilitation gym in Cork University Hospital for the last 2 years, having previously worked in Cardiac Rehabilitation in Cork University Hospital and Pulmonary Rehabilitation in Cork South Lee.

Ms Karena Hayes is a Clinical Nurse Specialist in Stroke working within Cork University Hospital. After completing her Nursing training in London, she spent 8 years in London and a further 6 years in Australia working in nurse consultant and educational roles in neurosciences. She returned to Ireland in 2015 and since then has been working in Cork University Hospital.

Dr John Macfarlane qualified from UCC in 1994 and, after general medicine training, gained specialist training in rehabilitation medicine in Dublin and Yorkshire. He was appointed consultant in Newcastle-upon-Tyne in 2005 and developed the large spasticity service there focussing on outcome measures and quality. He returned to Ireland in 2014 before taking up his current post as Rehabilitation Consultant in Cork where he has established a new MDT spasticity service.

Ms Liz O'Sullivan qualified as a physiotherapist from Trinity College in 1996, and completed a Masters in Physiotherapy from Queen Margaret University in 2010. She completed a module in Injector Therapy Botulinum Toxin from Plymouth University in 2017. She has worked as a Senior Physiotherapist in Neurosciences in Cork University Hospital since 2004, and started attending the Spasticity Clinic in Mercy University Hospital in April 2016.

Ms Susan Forde is an Occupational Therapist based in Killarney. She set up a charity, Slánú Stroke Rehab, in 2017 to provide community-based intensive, upper limb stroke rehabilitation in Kerry. Susan previously worked with older people and children in an acute setting and in the community. She has a particular interest in developing a stroke service modelled on the UCL Queen Square service.